

**CSU Dance EDUCATION IN MOTION Professional Development Seminar
for Colorado K-12 Educators • June 15-18, 2026**



SCHEDULE - subject to change

Seminar Theme: With continually shifting perspectives and parameters of our world, we come together to remember the energy of abundance and reciprocity, the power of symbiotic relationships, synchronicity, and holding space for the multitudes of human experience.

MONDAY, June 15

8:30-9:00 **Welcome/Check-in/Introductions**

9:00-11:45 **Introduction to The Dance Education Laboratory (DEL) Model**

In this interactive workshop, participants will explore the Dance Education Laboratory (DEL) Model for teaching dance across diverse educational settings. Through guided movement exploration and collaborative dance making using the DEL Dance Framework (informed by applied Laban Movement Analysis), participants will experience how a comprehensive dance education, anchored in humanistic principles of equity and inclusion, fosters creativity, collaboration, critical thinking, arts integration, and embodied learning across the curriculum. Celebrating its 30th year, DEL is a nationally acclaimed professional learning program that equips educators with innovative tools for dance teaching, curriculum design, and interdisciplinary learning. Grounded in equity, artistry, and culturally responsive practice, DEL provides a creative laboratory where educators engage in transformative approaches to teaching and learning.

Ann Biddle, DEL Founding Faculty, DEL Professional Learning and Curriculum Senior Consultant

12:00-1:00 Lunch Break

1:00-2:30 **“Lowering the Temperature” Tools to Reset Our Nervous Systems for Students and Educators**

As anxieties and mental health needs arise both for students and teachers, we will explore effective ways to "lower the temperature" and reset your nervous system in a way that is compassionate and culturally aware. We will also look at mindful practices to beginning and end a class with your students as well as journaling and movement prompts to frame your teaching day in the best possible way.

Christina Golleti, Dean of the College of Performing & Visual Arts, UNC

2:30-4:00 **Exploring Equity & Inclusion Through Improvisational Techniques**
In this session we will use movement improvisation, both as individuals and in collaboration with others, as a physical metaphor for including all perspectives equally and de-emphasizing hierarchy. We will explore how to use the skill of improvisation in community as a way of inviting others to step forward and step back as they need. We will honor spontaneous & egalitarian wisdom when we think about our roles as educators, and consider how we can practice this spirit in the simplest of daily actions.
Emily Morgan, CSU Director of Dance

TUESDAY, June 16

8:30-9:00 **Gather/Check-in with Ann Biddle**

9:00-12:00 **Embodied Stewardship**
This interactive movement-based workshop explores a model of embodied environmental stewardship that integrates the DEL Dance Framework, Ignatian pedagogy, and the indigenous ecological wisdom of Robin Wall Kimmerer. Through guided movement exploration and collaborative dance-making, participants will investigate how dance can deepen our relationship to the Earth and cultivate a greater sense of reciprocity, care, and responsibility. Grounded in the belief that the Earth is a living, sacred entity and that what we do to the Earth we do to ourselves, the workshop invites participants to experience dance as a form of embodied inquiry, meditation in motion, and environmental advocacy. Together, participants will create a DEL Movement Sentence Choir inspired by principles of environmental stewardship.
This workshop is based on a dance residency Ann Biddle led at Universidad Rafael Landivar in Guatemala in February, 2026.
Ann Biddle, DEL Founding Faculty, DEL Professional Learning and Curriculum Senior Consultant

12:00-1:00 Lunch break

1:00-3:00 **IMPACT Dance Company's Community Engagement Model/EVERY VOICE MATTERS**
This session will guide educators through IMPACT's integrated arts engagement program utilizing visual art, movement and writing, to explore identity, experience and to give voice to our stories. Participants will create a visual art piece as a jumping off point for building individual and small group "movement poems". We'll also share examples of modifications to the Every Voice Matters model to create successful collaborations with schools.
Susie Garifi, IMPACT Dance Company, Company Member/Community Engagement Coordinator

1:00-2:30 Concurrent session "Chat with Ann" CSU Student discussions regarding DEL programming and opportunities for study/certification.

3:15-4:00 Debrief and Networking

WEDNESDAY, June 17

- 8:30-10:30 **Educators Under Pressure: Finding Meaning, Emotional Balance, and Resilience in Times of Scarcity**
Teachers are tasked with doing more with less than ever before. In this session, we will explore the thoughts, emotions, and experiences that arise from working in environments shaped by scarcity and chronic pressure. Through reflection, movement, discussion, and interactive activities, we will examine practical tools and emotional intelligence strategies that can be used immediately to restore greater emotional balance, strengthen resilience, and reconnect with your personal vision of excellent teaching and powerful learning.
Pamela Barker, MA, EQCC, ACC, with Jessica Loveall, MA, EdS, LEP, LPCC
- 10:30-12:00 **Embodied Care Practices within the Classroom**
Participants will move and discuss as they explore communication, patience, and collaboration within their creative teaching practices. Attendees will experience a variety of play-based movement activities for immediate incorporation into the classroom. We will explore using movement as a way to co-regulate and build trust with students.
Madeline Jazz Harvey, CSU Dance Faculty
- 12:00-1:00 Lunch break
- 1:00-2:30 **Integrating Mind & Body for Learning + Educator Tool Box**
Our students are natural whole-body learners, intuitively utilizing physical, emotional and cognitive processes. We'll explore how we, as educators, can better understand somatic awareness, neurological connections and developmental considerations for ourselves and our students. We'll visit Ann Green Gilbert's BRAINDance.
Tool Box: integrating movement/dance language with core curriculum and the Colorado Academic Dance Standards, to enhance and deepen learning.
Lisa Morgan, Jessica Loveall with EIM Interns Ana Plucar and Makenzie Ciernia
- 2:45-4:15 **Performance & Workshop with FOCO FLAVA! In the Dance Theatre**
Performance followed by an integrated movement workshop, a demonstration of how a simple hip hop lesson can be delivered, and discussion/questions.
Our values echo the motto of hip-hop: Peace * Love * Unity * Having Fun.
FOCO FLAVA led by Ernan Torrez and Kevin Yu

THURSDAY, June 18

- 8:30-10:00 **Peace, Love, Unity, and Having Fun - Hip Hop as an Empowerment Tool**
In this session, participants will explore a variety of ways hip hop culture can be used as a tool to empower their students. Through freestyle exploration, instructor-led movement activities, and collaborative dialogue, educators will gain some tips and tricks to integrate hip hop culture into their classroom.
Grace Gallagher, CSU Dance Faculty
- 10:15-11:15 **Educators in Motion - Cocreation & Rehearsal**
- 11:30-1:30 **Lunch is on us today!**

Join for a Visioning Session and Stakeholders Circle as we hear your voices for what the proposed CSU Center for Dance Education and Engagement can look like.
We will transition over to the CSU Design Center, 522 W Lake St., CSU Campus
Grace Gallagher, Emily Morgan, Jessica Loveall, Lisa Morgan

1:30-3:30 **Educators in Motion - Community Performance**
Jessica Loveall & Lisa Morgan and Educators
CSU Design Center, 522 W Lake St

3:30-4:00 **Debrief and Closing**
Presentation of Certificates
We'll return to CSU UCA